



ROOTS
THERAPY

Massages

	50 MIN	80 MIN
Relaxation	\$160	\$205
Deep Tissue	\$165	\$210
Hot Stone	\$170	\$220
Pregnancy	\$175	\$225
Therapeutic	\$180	\$230



ROOTS

THERAPY

**Welcome to Roots Therapy Group!
Your Wellness, Our Passion.**

At Roots Therapy Aruba, we believe that self-care is not a luxury. It's a necessity. Whether you're looking to relax, recover, or simply feel your best, our range of services has something for everyone for you to enjoy on this beautiful one happy island:

Massages

Relax, Rejuvenate, Recover

Find the massage that fits you best. From relaxation to deep tissue or pregnancy care, we've got your well-being covered.

Physiotherapy Sessions

Our personalized Physio and Ergo therapy sessions are designed to help you recover from injury, improve movement, reduce pain, and regain independence in daily life. We're here to support your journey to better health.

Each session is delivered by skilled, passionate therapists who truly love their work, and care about your comfort and well-being.



Book Now